



DO NOT SHUT UP!

A creation of ADAPT Corpus Christi

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Have you ever wanted to know more about the world around you? That is why we put together this flyer--something to read about these problems--DNSU, Do Not Shut Up! Obviously, there might be something that you'll want to discuss that might have slipped by me. Try this big boy:

<https://www.disabilityscoop.com/latest-news/>

It is something to read about disability issues. It includes news items that might be important to you--like news on autism, accessible grocery store carts, theaters that turn disabled people away, or Apple releasing emojis that represent people with disabilities. Take a look at it and see if it meets with your approval.

Oh--should I go away already? Here are more big news issues for us to look at and to swallow:

Center for Disability Rights

<http://cdrnys.org/>

The Daily Dot

<https://www.dailydot.com/layer8/7-disability-issues/>

The ACLU

<https://www.aclu.org/issues/disability-rights>

Human Rights Watch

<https://www.hrw.org/topic/disability-rights>

Read up on these issues that affect our rights. The net is a good tool for us to use. But you must weigh what you read and what you see. Generally, people try to help us on the web, but every page might have its own view--and sometimes they are bad points of view.

I would like to hear more about these issues from YOUR POINT OF VIEW. Our issues can be brushed over by the media and on top of that, you might have your own issues that should be looked at. When you have done your research and you want us all to know your point of view, let us know! We can feature your words in DNSU!

Now go be a DNSU journalist!

–Joseph Huerta

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CELEBRATING EXCELLENCE IN THE COASTAL BEND

A Letter Lauding Rising Stars in our Disability Community

Dear DNSU,

I have had the privilege of working with Sandra Salinas over this past decade and I can vouch for her determined, hard work, and effectiveness. She never hesitates to take on any challenges or difficult tasks such as being a Board Member of the Texas Advocates.

She also makes sure that we have our local chapter (Coastal Bend Advocates) meeting as scheduled every other month.

Sandra Salinas has been actively involved with her local chapter (Coastal Bend Advocates) for 10 plus years. At this time, she is actively on the Board of Texas Advocates and attends her committees by conference call when she is needed. She leads her local chapter by speaking up and reading the Coastal Bend Advocates Agenda at every meeting. She always starts the conversation for the group and motivates them to speak up for themselves when they talk about voting and upcoming events such as the Texas Advocates Conference.



Image Description: Sandra Salinas poses for a picture with the Coastal Bend Advocates in front of the State Capitol.

She has provided training to others by telling her members to call their legislators when it comes time to vote on an important bill. She's also received awards and certificates for the being Advocate of the Year and for leading her chapter to become Chapter of the Year in 2018. She's also received a Certificate of Achievement for completing the Coastal Bend Advocacy Development Program from The Coastal Bend Center for Independent Living. This is why she is an important member to her community.

Thank you!

Stephanie Salinas-Valdez, Coastal Bend Advocates Advisor



Want to learn more about the issues in this edition and how you can help? **JOIN ADAPT!**

Whether you're new to civic engagement or if you're a seasoned advocate, you're invited! We are happy to link you to resources and get you started on the path to effective engagement and advocacy! ADAPT meets at the CBCIL office located at 1537 Seventh Street, Corpus Christi, TX on the second Monday of each month at 2 pm.

Please note: The views and opinions in this article are strictly those of the contributor and do not necessarily reflect the views or opinions of Coastal Bend Center for Independent Living, our staff, or our funders.